



## March for Babies FAQ

### What is March for Babies?

March for Babies is the March of Dimes signature event. The funds raised in March for Babies support our mission to give every baby a healthy start. We've been walking since 1970 and have raised an incredible \$1.8 billion.

### How big is March for Babies?

Every year, more than 7 million people get involved in March for Babies as sponsors, volunteers and participants.

### How do I get involved?

Sign up your team at [marchforbabies.org](https://marchforbabies.org). Ask family and friends to join you. If people can't do the walk, ask them to support the team with a donation.

### What is a family teams?

Family teams are made up of families and friends participating in March for Babies to celebrate or honor a baby in their loves. And many walk in memory of a baby who didn't survive. These special teams remind everyone of the importance of the March of Dimes mission to help all babies be born healthy.

### When do we walk?

In most communities, March for Babies is held at the end of April. Visit [marchforbabies.org](https://marchforbabies.org) to find out where and when your event takes place.

### How long is the route?

Routes have no standard length, but most are 6 miles or under. People can walk any distance that works for them. And there are plenty of snack and rest stops along the way.



### How does the money we raise help?

The March of Dimes spends 76 percent of the money raised in March for Babies on research and programs that promote the health of babies. By walking and raising money, your company helps us:

- Support all-important research offering preventions and solutions for babies born too soon or with birth defects
- Educate women on things they can do to increase their chances of having a healthy baby
- Provide comfort and information to families with a baby in intensive care
- Push for newborn screening, and health insurance for all pregnant women and children

### Tell me about the March of Dimes.

The March of Dimes is one of the best-known charities in the country. We help moms have full-term pregnancies and healthy babies. And if something goes wrong, we offer comfort and information to families. We research the problems that threaten our babies and work on preventing them.